

Into the Heartspace

with Sage de Beixedon Breslin, Ph.D.

*Releasing the binds around your heart in
service of expression and expansion of
creativity, love and passion!*

June 3-7, 2016



Sage is a Licensed Psychologist and Intuitive Consultant who specializes in Personal Transformation. She has written numerous books, chapters, and Continuing Education courses that promote the transition from trauma to personal empowerment.



Elk

This quaint village is located three hours north of San Francisco and served as the ancient ritual and healing grounds of the Pomo Indians. Here, the river meets the sea, generating a natural balance and amazing sense of peace. This magical place supports major shifts and support for the heart chakra, and for deep transformative healing.

This is a unique retreat designed to allow participants to support one another as they release the binds which keep their hearts unavailable. Through meditation, relaxation, massage, energy medicine, art and sound healing, participants will practice emotional expression and the expansion of the heart in order to unleash creativity, love sensuality, and passion.

This journey is \$949 per person, or \$1695 per couple. Returning seekers receive a \$75 discount. Prices are based on shared beds (women). For a private room, add \$250. Costs include transport to and from San Francisco International Airport, hotel, and two meals per day. Airfare, alcoholic beverages and personal items and services are not included.

To enroll for this journey or for payment options visit our website at www.HealingHeartCenter.org or call us at 858.481.8810!