

TRIP APPLICATION

Elk, California

Please print your name and information CLEARLY & CAREFULLY as this information is needed for your hotel reservations, transfer to and from Oakland, CA, and to ensure your security while on your journey. All information requested is REQUIRED.

Should you have questions that are not answered in the following pages, please feel free to contact Sage for more information at (858) 481-8810 or Sage@HealingHeartCenter.org . When you have completed the Application and signed the releases, please scan and email back to Sage@HealingHeartCenter.org or fax to **(858) 481-8816**.

In order to ensure that we reserve a room for you, please provide us with a check, credit, debit, HSA card or PayPal. If you wish to write a check, **please make checks payable** and send to:

Healing Heart Center
12520 High Bluff Drive, Suite 355
San Diego, CA 92130

If you provide credit card information for the payment of your journey, make sure that we have the billing address for your card, as well as the expiration date, and security code on the back of your card. You are welcome to fax that information to 858-481-8816 for best security. We do not suggest emailing credit card information to us.

Personal Information

Name of trip: Into the HeartSpace: with Sage Breslin, Ph.D.

Name: _____
Your full name (as it is on your passport)

Mailing Address _____

City _____ State _____ Zip _____

Home Phone () _____

Cell Phone () _____

Fax () _____

E-mail _____

Occupation _____

Marital Status _____ Sex _____ Age _____ Height _____

Weight _____ Citizenship _____

Birth date (month/day/year) _____

Birthplace _____

Passport Number _____

Place of Issue _____

Date of Issue (must be valid for 6 months after date of arrival) _____

In case of Emergency contact: _____

Address _____ City/State/Zip _____

Telephone () _____ Relationship _____

Hotel & Meal Arrangements

Single room (extra cost of \$250): _____

Shared room, possible shared King bed (price included in the journey cost): _____

Please be aware that while we will try to assign a roommate for each person who desires one, if we are unable to do so, you may be charged for a single room if you occupy one.

Roommate preference: _____

My roommate and I will need two separate beds (yes or no?, may incur extra cost) _____

Any dietary restrictions or preferences?

Flight information

Arrival

From (city) _____ to San Francisco on (airline) _____

Flight # _____ Arriving (time) _____

Departure

From San Francisco to (city) _____ on (airline) _____

Flight # _____ departing (time) _____

Costs & Payment information

I am paying \$ _____ for my journey, sharing a room/possibly a King bed _____

I am paying \$ _____ for my journey, requesting a single room and acknowledging that the single room will be an added charge of \$250: _____

I am in a partnership/marriage. We are paying \$ _____, sharing a room _____

Payment is required at time of registration. If you have sent that in already, indicate here _____.

Your grand total : _____

I give my permission for my credit card to be charged for the amount of _____.

CC # _____ Expiration _____ Security code _____

Address where credit card bills are received: _____

Signature authorizing credit card charge by Healing Heart Center

KNOWING AND VOLUNTARY EXECUTION

I have carefully read and fully understand the contents of this agreement as well as all the conditions as stated under the heading "Terms and Conditions" (see attached pages) including those conditions regarding responsibility borne by trip participants and conditions regarding cancellations and refunds. I am aware, that this is a release of liability and a legally binding and enforceable contract between myself and Sage de Beixedon Breslin, Ph.D: Psychologist – A Professional Corporation and/or Healing Heart Center.

I sign this statement of my own free will.

EXECUTED THIS _____ DAY OF _____ 20 _____

SIGNATURE _____

PRINT NAME AS SIGNED _____

Included in the Journey Cost

- Accommodations at The Elk Cove Inn
- All lectures and teachings
- All transfers to and from the San Francisco airport
- Two meals per day and non-alcoholic beverages

Not Included

We are not responsible for your round trip flight to and from San Francisco, CA. Also not included are food or drink that are not specified in the journey materials, items of a personal nature such as laundry, gifts, shopping, beverages, toll calls, excess baggage, medical costs, and the costs of hospitalization and evacuation from remote areas, insurance and additional expenses arising from the delay or extension of a trip due to weather, political disputes, sickness, failure of transportation, or other causes beyond our control.

Payment

Payment is due at the time of registration. Payment can be made by cash, cashier's check, money order, PayPal, Visa, Mastercard, Discover or HSA card. Cashier's checks or money order must be made out to Healing Heart Center. We will not make exceptions to this policy.

Cancellation and Refunds

If cancellation occurs 30 or more days before departure, your payment will be returned minus a non-refundable fee of \$250.00. Should you book another journey with us in the next two years, that \$250 will be credited to your fees. If you are able to refer another individual who can take your place on this journey, your \$250 will be returned to you following that individual's enrollment. In the event that you must cancel your registration for a journey, please put the request in writing to Healing Heart Center, Beyond Insight Division.

We strongly recommend Travel Insurance if there is a chance you may have to cancel your flight for any reason. Sage de Beixedon Breslin, Ph.D. and Healing Heart Center reserve the right to cancel any trip prior to departure for any reason whatsoever, including an insufficient number of participants or logistical problems (e.g. acts of God, war, strikes, etc.), which may impede trip operations. The refund of all payments as described in the paragraph below shall release Sage de Beixedon Breslin, Ph.D. and Healing Heart Center from any further liability. A trip cancellation due to insufficient numbers would normally occur at least a month prior to departure, unless acts of God, war, strikes or other events impede our departure causing large numbers of participants opt to cancel participation on the journey in the last days before departure.

Sage de Beixedon Breslin, Ph.D. and Healing Heart Center must make substantial payments to vendors (including providers of land travel) far in advance of the scheduled date on which we embark. If a trip is cancelled due to forces beyond our control (acts of God, war, labor strikes, earthquake, flooding, etc.), Sage de Beixedon Breslin, Ph.D. and Healing Heart Center will promptly refund the portion of the trip cost not advanced to vendors (including any moneys set aside for airfare). We will use our best efforts to recover advance payments as promptly as possible, and we will refund to you the amount recovered, if any. However, we do not guarantee recovery of any or all of the advance payments made, and our use of best efforts to recover these payments will not include the institution of any legal proceeding in foreign lands. This policy applies to a trip cancellation by client choice following any necessary increase in trip costs. Thank you for joining us on this journey and for your cooperation!

Responsibility/ Limitation of Liability

Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation, dba Healing Heart Center, a California corporation with its primary place of business in Solana Beach, California and its associates, give notice that services provided in connection with these itineraries are rendered by vendors who are not agents or employees of Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation. All of the accommodations, meals, tours, transportation and/or related travel services have been made by Sage de

Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation only as an agent for the individual tour member.

While every effort is made to make travel arrangements with reputable vendors, a tour member expressly agrees that Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation shall not be liable for any delay, mishap, inconvenience, expense, irregularity, bodily injury or death to person, or damage to property occasioned through the negligence, wrongful or intentional acts, or default of any company or individual engaged in providing these arranged services. Each passenger conveyance, tour company, hotel accommodation, restaurant, etc. is subject to the laws of the state or country where the service is provided. Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation shall not be liable, directly or indirectly, for bodily injury or property damage for any reason whatsoever, including, but not limited to the following causes: acts of God, detention, annoyance, weather, quarantines, strikes, civil disturbance, theft, negligence (including that of Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation), default, changes in government regulations, terrorism, war or failure of conveyance to arrive or depart as scheduled.

Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation reserves the right to substitute hotels and leaders and to alter the itinerary when deemed necessary or advisable. The right is also reserved to cancel any trip prior to departure. Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation is released from any and all liability for cancellation of any trip, or portion thereof, except for payment of a land cost as set forth in the section on "Cancellation and Refunds".

Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation reserves the right to decline to accept or retain any person whose actions, physical health, mental condition or general deportment impede trip operation or rights, welfare or enjoyment of other trip members. A refund based on the cost of unused land services is the limit of the responsibility of Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation.

Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation is not responsible for any refunds should a presenter advertised as attending or leading a tour or conference cancel for any reason. Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation is not responsible for any physical, mental, emotional, or any other reaction, trauma, or ailment during the trip or occurring afterwards, that participants may experience at the sites or from any leaders, workshops, or sessions of any kind, including private sessions with facilitators or presenters. Attendance on the trip indicates acceptance of this and all other provisions of this responsibility clause.

Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation has recommended the purchase of appropriate travel insurance, baggage insurance, tour operation carrier default protection insurance, and trip cancellation insurance, and has made available explanatory information and policies, and the travel program member has the opportunity to purchase such insurance as protection against certain risks of travel to the planned destination. Travel program members are advised that travel insurance covers only what is included as stated in the travel insurance brochure. The airlines or transportation companies concerned are not held responsible for any acts, omissions or events during the time passengers are not on board their planes or conveyances. The passenger contract in use by the carriers concerned, when issued, shall constitute the sole contract between the airlines or transportation companies and the purchase of this travel program and/or passengers.

Trip Member Responsibility

Trip members have the responsibility to select a trip appropriate to their abilities and interests. Trip members are held responsible for being in sufficient good health to undertake the trip. Trip members are responsible for preparing for this trip by studying the itinerary and pre-departure information sent by Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation, and for discussing this itinerary with their personal physician

or clinician. Trip members are also responsible for bringing the appropriate clothing, medicines, supplies and equipment as advised in the pre-departure information. Trip members are participants in group travel and are expected to hold each other in compassionate regard, and to interact with each other with respect.

THIS FORM MUST BE SIGNED AND RETURNED HEALING HEART CENTER, BEYOND INSIGHT DIVISION, IN ORDER FOR THE TRIP MEMBER TO BE ELIGIBLE FOR TRIP RELEASE OF LIABILITY AND ASSUMPTION OF ALL RISKS. PLEASE READ CAREFULLY: THIS IS A LEGALLY ENFORCEABLE WAIVER OF RIGHTS.

MAIL COMPLETED FORM TO:

Healing Heart Center
12520 High Bluff Drive, Suite 355
San Diego, CA 92130

ASSUMPTION OF RISKS

I _____ (name) acknowledge that I have voluntarily applied to participate on the trip designated on this application. I am voluntarily participating on the tour or expedition with knowledge that travel to foreign countries and/or the remote areas visited by this trip involves numerous risks and dangers including a risk of illness, injury or death, which may be caused by: forces of nature, civil unrest, terrorism, road conditions, injuries inflicted by animals, insects, reptiles or plants, trails, hotels, vehicles, boats or other means of conveyance which are not operated nor maintained to standards common in the United States; high altitude (on certain trips), accident, accident or illness without access to means of rapid evacuation or the availability of medical supplies; the lack of adequacy of medical attention once provided, and negligence on the part of Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation, it's affiliated organizations and their employees, teachers, volunteers or other agencies. I acknowledge that the enjoyment and excitement of foreign travel/ adventure travel is derived in part from the inherent risks incurred by travel and activity beyond the accepted safety of life at home or work, and that these inherent risks and the corresponding enjoyment and excitement contribute to the reason for my voluntary participation on this trip.

I HEARBY ACCEPT ANY AND ALL RISKS OF ILLNESS, INJURY, EMOTIONAL TRAUMA OR DEATH AND VERIFY THIS STATEMENT BY PLACING MY INITIALS HERE: _____.

RELEASE

AS LAWFUL CONSIDERATION for being permitted by Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation to participate on such trips and activities, I hereby agree that I, my heirs, legal representatives or any member of my family will not make a claim against or sue Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation or any of its affiliated agents, employees, teachers or volunteers, for bodily injury, death, emotional trauma or property damage resulting from my participation in the tour or expedition.

I therefore release and discharge Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation and its agents, employees, teachers and volunteers, from and against any and all liability arising from my participation in the tour or expedition even though that liability may arise out of negligence or carelessness on the part of Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation or its affiliated agents, employees, teachers or volunteers. If any portion of this agreement is unenforceable, the remaining portions shall remain in full force and effect. Under no circumstances shall Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation be liable to any tour participant for more than the land cost of the trip applied for on this document. All applications are subject to acceptance by Sage de Beixedon Breslin, Ph.D.- Psychologist: A Professional Corporation. Upon acceptance of my application, this agreement shall be deemed to have been entered into and be performed in Solana Beach, California and shall be construed according to the laws of the state California. In the unlikely event a legal dispute should arise involving any subject matter whatsoever, I agree that the dispute shall be settled through binding arbitration in San Diego, California and I am giving up my right to a jury or court trial. Should this arbitration provision be held unenforceable, I agree that any legal action shall exclusively be brought before the appropriate State or Federal Court in San Diego, California.

Signature of Participant

Date

Witness

Date

The Hotel: Elk Cove Inn



The Journey Agenda

Day 1: Friday: Following your arrival in the San Francisco airport, we will meet as a group in front of baggage claim in order to travel to Elk by van. It is a 3 hour drive, so make sure that you have anything that you might need to make yourself comfortable along the way. We will be departing from the San Francisco airport at 2pm. (Should you be coming from the East Coast, you may want to opt to arrive on Thursday evening and stay overnight. Once we have arrived in Elk, we will assign rooms, then enjoy dinner and a short meeting together.

Days 2-4: Sat-Mon We will spend the next three days in the outdoor wonderland of the rugged Mendocino coast. Weather permitting, we will be outside for 6-8 hours per day discovering and uncovering what has bound our hearts and kept us separate from ourselves and others. We will be working both as a group, and also one-on-one to release, open and expand our hearts and energy in order to enhance our creativity, love, spiritual connection, sensuality and passion.

Day 5 We will enjoy breakfast together and have a final opportunity to embrace all of our discoveries, then will travel by van at approximately noon, arriving in San Francisco at approximately 3:30 pm. Should you have an earlier flight than the majority of the group, you will need to arrange for your own car rental when you arrive in San Francisco and transport yourself both to and from Elk.

Be apprised that MANY people find that they desire to remain a day or two in Elk following the journey. Please let us know if this is your desire, and we will make every effort to provide alternate transportation back to the San Francisco area.

PACKING LIST AND OTHER IMPORTANT INFORMATION

We are delighted you are joining us for the upcoming journey to Elk. We ask you to carefully read the following information to ensure that your experience is as physically comfortable and spiritually rewarding as possible. Each sacred journey invariably includes two itineraries. On the physical part of the journey, we each travel as a member of a group to places of extraordinary beauty, power and enchantment. On the inner journey, we travel solo down a long, winding road that is often rife with potholes, detours and rivers to cross with no bridge in sight. The outer journey requires that we pack **good shoes, a hat and beanie, suntan lotion and bug repellent**. The inner journey requires that we bring along all of our love and courage to honestly deal with ourselves and see what is truth and what is illusion. The physical journey invites only our sense of humor and flexibility. But, our inner journey asks that we identify and begin dismantling the false assumptions upon which we have built our lives. The inner journey is the hardest one we ever make. But, our ancients have traveled before us and mapped a road we can follow to transcend fear and reclaim our divine birthright of unconditional happiness. With the wisdom of our guides available to support and advise us, we can change our perception. The resulting death of ignorance and resurrection of awareness will speed our journey into the freedom beyond. Our outer journey is intended to follow this map to freedom. **To aid in your physical comfort, we strongly recommend that you pack the following:**

Mandatory Items:

- You must have a valid form of identification.
- Money for extra food and personal expenses.
- Daily meals and water are provided.
- Water bottle suitable for carrying during the day.
- Sturdy walking shoes suitable for walking to and from the beach and riverfront.
- Any prescription medication.

Suggested Items:

- Personal items and toiletries
- Journal and pen/pencil
- Rain poncho
- Backpack or fanny pack for transporting items/water on the daily outings. The size of this device is dependent on the amount of belongings you prefer to carry with you!
- Snacks that are portable and do not melt in the warm sun.
- Band-aids, traveler's remedies, and any prescription medication that you *may* need
- Sunscreen (the altitude is high and the sun is strong during the day)
- Hat/Visor
- Alarm Clock
- Personal Pillow (if desired)
- Sunglasses
- Casual, comfortable clothes that you can layer and that are suitable for walking, and sitting while outdoors.
- Warmer clothes for the evening and early morning. It can be quite cool and very blustery in Elk!

In case of emergency during your travel, please contact Sage Breslin at 858.220.6960 or 858.481.8810 to leave a message. Cell phone coverage and Internet in Elk is *very limited*.